

# Village Green

care-based villages by Greengate

## St Patrick's Green

### St George Seniors Expo Day a Huge Success

Thank you to everyone who attended the St George Seniors Expo at St Patrick's Green on Saturday 5th of May. It was a fantastic day and the atmosphere was buzzing with over 200 visitors to the village. Our guests enjoyed tours of the village, and learnt more about wellness, lifestyle and care options for seniors in the local area.

There were a range of stalls set-up throughout the village which showcased local service providers including: 3Bridges Community, Affinity Aged Care Financial Services, Calvary Hospital, Fernwood Fitness, Georges River Council, Hurstville Seniors Computer Club, Miss Daisy's Helpers, and St George Community Transport. Our residents and visitors enjoyed meeting with the exhibitors and taking home showbags full of information.

Visitors also attended a range of informative seminars presented by industry experts in the theatre. Topics included financial planning, downsizing, and understanding dementia – many of our guests reported they learned a lot and got some great tips. One of

the highlights of the day was the free massages in the hairdressing salon – if only we had that every day at St Patrick's Green!

Of course, no Greengate event would be complete without some great entertainment on the Village Green paired with a delicious high tea. Our Expo attendees enjoyed the variety of delicious cakes prepared in-house by our chefs, before joining tours of the independent living apartments and the aged care home. The St George Seniors Expo was a great opportunity for us to showcase our village now that everything is in full swing – we can't believe we have already been open for six months.

If you missed out on the St George Seniors Expo, but would still like to know more about retirement living in the St George area, please contact us today to organise a private tour of the village. Call us on 02 9097 9175 or email [stpatricksgreen@greengate.com.au](mailto:stpatricksgreen@greengate.com.au)

Greengate

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St Luke's Green  
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St Brigid's Green  
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02 8097 1775  
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# St Patrick's Green

## The Grandfriends Project

We have been loving the Grandfriends Project which has been introduced at St Patrick's Green. Every week, kids from the local preschool have been visiting their grandfriends in the aged care home. There is always a fun activity planned for the kids, such as arts and crafts or games on the Village Green, organised by the grandfriends. Afterwards, our residents host morning tea for the children, making sure they get a piece of cake and a drink.

Assisting the children whilst they are at the village has a lot of benefits for our residents. For many, it brings back memories of when they had small children



and their parental instincts resurface. Having the kids around brings a sense of purpose into all of our residents' lives – not only be helping them, but by being able to mentor the children. Residents have reported that the option to mentor once more brings meaning to their day.

The Grandfriends Project is very important, not just because it strengthens community ties between our village and the local area, but because it creates a space which fosters intergenerational friendships. This is great not only for the children who may not usually interact with seniors, but also for our residents who are always happy for a visit from the kids. The Project brings joy to everyone involved, including our team members who love watching these special relationships develop.

The Aged Care Home at St Patrick's Green caters to different levels of care, including dementia care, in a relationship-centred environment. If you would like to discuss aged care options for yourself or a loved one, please contact us today on 02 9097 9175 or email [stpatricksgreen@greengate.com.au](mailto:stpatricksgreen@greengate.com.au)

## Apartments For Sale – St Patrick's Green, Kogarah



### 2 Bedroom 1 Bathroom

This apartment features high-quality finishes and appliances, as well as a large wrap-around kitchen. Perfect for entertaining, this apartment has a spacious second bedroom for guests and a private balcony facing onto the Village Green.

These are just a few of the independent retirement living apartments which we have available at St Patrick's Green – there is a range of styles and prices to suit most budgets. We are open Monday-Friday and selected Saturdays, so call us today on 02 9097 9175 to book a private tour.



### 2 Bedroom 2 Bathroom + Study

This large and airy apartment sits on the Northern corner, taking full advantage of the winter sun and city views. With floor to ceiling glass walls and so much storage space you'll forget you're downsizing, this apartment is perfect for those who like their own space.



# St Luke's Green

## Happy 1st Birthday St Luke's Green!

Happy birthday to our beautiful Brisbane Village. St Luke's Green celebrated turning one with our residents and team members. We had an afternoon tea with our retirement village residents in our sunny village café, and enjoyed a big lunch in the main dining room with our aged care residents.

The star of each celebration was the magnificent birthday cakes prepared by Cindy, one of our talented chefs. It was nice to catch-up with our residents, and reflect on all the things we've achieved together to build such a strong and supportive community.

One year on and all of our residents have happily settled into village life at St Luke's Green. The residents



enjoy movies every Tuesday, concerts every Friday afternoon, Tai Chi on Wednesday mornings, and many other resident initiated activities and groups, such as a gardening club, reading group, Mah-jong group, and knitting and nating group. Our little village in the big city is vibrant and full of energy, laughter and great friendships – we can't wait to see where this next year takes us.

If you would like to learn more about St Luke's Green, Woolloongabba or would like to arrange a private tour of the village to view our available apartments, please contact us today on 07 3129 9175 or email [stlukesgreen@greengate.com.au](mailto:stlukesgreen@greengate.com.au)



## A little bit of Knit and a little bit of Nat

Our Knitting and Nating group meets every Thursday at St Luke's Green. The group, made up of residents from the retirement apartments and aged care home, are passionate supporters of community projects. During the last twelve months they have knitted and donated over a thousand items to various community groups.

The group sent hundreds of hand-knitted beanies to Alice Springs last year for preemie babies and people undergoing renal dialysis. At Christmas time, the Knitting and Nating group collected personal items and other donations for Madonna House – a charity that provides care and support for victims of domestic violence. Currently the ladies are furiously knitting beanies, booties and scarves for a charity



called Knitting for Brisbane's Needy. The St Luke's Green Knitting and Nating group is one of over 400 groups in the country who regularly contribute "new, handmade" items to be distributed all over Queensland and beyond, to help in whatever small way they can.

# St Brigid's Green

## Aged Care Home Exceeds Accreditation

The boutique aged care home at St Brigid's Green received accreditation in May, passing all 44 outcomes reviewed by the Australian Government. Accreditation occurs every three years in aged care homes to ensure they continue to provide excellent aged care for the growing number of seniors in our community. This was a fantastic result which reflects not only the hard work of our passionate team of carers, but our continued provision of exceptional care since we first opened the village in 2015.

The St Brigid's Green aged care home provides a homely environment for our residents, with a touch of luxury. With a range of community areas and lifestyle choices on offer, our aged care home is focused on building relationships between our residents, their families and our team. If you are looking for aged care for yourself or a loved one, please contact us today on 02 8097 1775 to find out about our personalised care plans and relationship-centred approach.



## Cruising in Style

Seniors Week is one of our favourite times of year, and what better way to celebrate than with a cruise around the stunning Sydney Harbour? In April a group of St Brigid's Green residents headed into the city to board the cruise which left from Circular Quay. With beautiful weather, a delicious lunch, and the company of good friends, the day was definitely one to remember.



## Honouring our Anzac Heroes

The residents of St Brigid's Green came together on the Village Green for our reverential ANZAC day service. The morning was led by our active residents who delivered items of prose, poetry and music – all of which honoured those who have lost their lives for our beautiful country. The service was lovely and touching. Afterwards, the ladies of the social club served everyone a breakfast of bacon and egg rolls and ANZAC biscuits.

## Stepping On

Our retirement village residents at St Brigid's Green are continuing to lead busy and fulfilling lives. Lately, our thriving community has been participating in Stepping On: a seven-week program designed for people living independently at home who have experienced a fall or are concerned about falling. The Stepping On program is an effective, evidence-based program that is proven to reduce falls in older people living in the community. The program incorporates strategies to implement positive lifestyle changes which help to keep you independent, upright and active.



## Apartments For Sale

### St Brigid's Green, Maroubra

Are you considering retirement living and want to stay in the Eastern Suburbs? St Brigid's Green is a vibrant and intimate seniors community that allows you to stay in the local area you know and love.

We have a few apartments coming up for sale in our beautiful Maroubra Village. The apartments at St Brigid's Green are bright and airy, featuring high-quality finishes and neutral décor. Our apartments can be adapted to suit your needs should they change, and come with the option for a variety of in-home services such as laundry, cleaning, meal delivery and care.

Live life on your terms. Contact Megan today to find your new home, call 02 8097 1775 or email [stbrigidsgreen@greengate.com.au](mailto:stbrigidsgreen@greengate.com.au)



## Garden Apartment For Sale

### St Luke's Green, Woolloongabba

We have a versatile 1 Bedroom + study apartment available featuring a large private garden. With your own outdoor space of 43m<sup>2</sup>, it's easy for you and your pet to enjoy the great Brisbane weather. The apartment has an open plan layout, high-quality finishes, as well as a north facing balcony.

To view the apartment's innovative design and find out why village life at St Luke's Green is so special, book your tour today. Call 07 3129 9075 or email [stlukesgreen@greengate.com.au](mailto:stlukesgreen@greengate.com.au).

## Free Seniors Info Day

Please join us at St Luke's Green for a free and informative seminar, designed to help you plan your retirement journey. Brad Monk from Lifepath Financial Services will be presenting on how to finance your move into a retirement village. We'll also be hearing from Karen Morgan from Task Tamers, who will discuss strategies for relocating and downsizing. Questions are welcome during and after the seminar, or can be pre-submitted beforehand.

We will also be running tours of our retirement village on the day, and we would love to show you some of our available apartments. Our residents will also be there to answer any questions you may have about the lifestyle and community at St Luke's Green. Morning tea and light refreshments will be provided and served by our on-site chef.

**Wednesday, 20th June 2018**  
**Starting 10.00am**  
**St Luke's Green Seniors Village**  
**43-46 Taylor Street, Woolloongabba**

Please RSVP by Monday 18th June on 07 3129 9075 – we look forward to seeing you there.



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