

Autumn Village Green

BOUTIQUE LIVING AND CARING

AUTUMN 2019



Jazz on the Green

In the true spirit of our vibrant new retirement community, you're invited to join us for a free twilight performance on our beautiful Village Green.

So come dressed in the spirit of the glorious 1920s to enjoy great live jazz, a complimentary cocktail, finger food and a tour!

Date: Wednesday, 20th March

Time: 4:30pm arrival for a 5:00pm start

Venue: St Patrick's Green
40 Chapel Street, Kogarah

RSVP: Friday 15th March by phone on 9097 9175
or email stpatricksgreen@greengate.com.au
Seating is limited.



Greengate Boutique Living and Caring.

New Wellbeing Rooms Open at St Patrick's Green

Village life can be very busy, especially when you're out in the day, and then come home to a large community of people who enjoy getting together for regular catch-ups. While we love that there is always something to do at St Patrick's Green, we also recognise that sometimes it's good to take a quiet moment to look after your own wellbeing. That's why we've opened up a range of wellbeing rooms in our Kogarah village to provide new spaces for our retirement and aged care residents to sit and reflect.

Retirement Village Manager, Sasha Hutcheon said "We're so excited that our wellbeing rooms are now open. We wanted to create a haven within our Kogarah village where our residents could go to relax and unwind. Our Reflection Room and Zen Garden are great spaces to sit with your thoughts in a quiet place, and our first resident to have a massage in the St Pat's Spa has already booked in for another one!"



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Boost the Sale of your Home

The housing market can be a tough place, but there are a few things you can do which will help your house to stand out from the rest and attract the right buyer.

First and foremost, ensure your house is clean and free of clutter. If you have a lot of stuff that you're unwilling to part with, consider putting some of it in storage while selling your house. This will free up space and make your house feel more open.

Styling is very important – never underestimate the power of a well-staged home. Whilst some of us can envision what a space will look like with our own furniture in it, many buyers can't and need a little help. Make sure your furniture doesn't overpower the room and makes your home feel inviting.

Make sure you choose the right agent to sell your home. You might like to track their previous sales or speak to someone they have worked for in the past to get some feedback. Ensure your agent has a solid knowledge of your local area. A good agent will also prepare a marketing campaign for you, so ask them how they plan on marketing your property – will they be advertising through a variety of websites, letterbox drops, and signage?

Finally, don't be disheartened! While the Sydney and Brisbane housing markets may have softened, try not to dwell on it too much, instead think about how much your property has increased in value just in the last five years alone.

If you are looking for the perfect retirement apartment, then why not consider a Greengate Village? Check out the back page of this newsletter to view some of our apartments for sale.



2019: The Year of Music at St Luke's Green



Now that 2019 is well and truly underway, we have started planning our upcoming events at St Luke's Green, Woolloongabba. All of us here in Brisbane are looking forward to another vibrant and fulfilling year in our little village in a big city.

This year we are excited to be hosting a monthly series of intimate *'music, coffee and conversation'* concert events. Our community is well-known for its warmth and hospitality, and also for the beautiful, heritage-listed church that stands proudly in the centre of our village – the stunning church is the venue for our Saturday afternoon concerts. We're looking forward to welcoming seniors from the local area to these events, so they can get a taste of what village life is all about here at St Luke's Green. After all, the warmth, genuineness and serenity of our community is the main reason why Brisbane seniors choose to move to our village.

Our first event, held on Saturday, the 16th of February, was a celebration of love. We were honoured to once again host Angel Strings: a string quartet who are passionate about creating beautiful music in as many contexts as possible. While regularly performing a broad classical repertoire, Angel Strings have developed a reputation for their edgy renditions of modern works and pop/rock arrangements. As to be expected from these world-renowned artists, our residents and guests were completely blown away and the end of every song was met with a large round of applause.

The second concert in the series will be held on Saturday, the 16th of March at 2pm. At the time of writing, the musicians are yet to be confirmed, so please call us on **07 3129 9075** to register your interest for our upcoming *'music, coffee and conversation'* events at St Luke's Green, Woolloongabba.

The St Pat's Spa has been kitted out to provide the residents of St Patrick's Green with a soothing massage experience. Complete with calming music and lavender essential oils, residents can truly unwind and forget the troubles of everyday life. For those looking to pamper themselves, we are also offering facials and other beauty treatments.

The Reflection Room is the perfect spot to sit and think about life. It's a tranquil space away from the bustle of the community areas at St Patrick's Green. Whether you want to pop in for a quiet moment, or talk to someone about what is on your mind, this is the place to go. Our Manager of Spiritual and Holistic Care, Pam Little is available to meet with residents to discuss anything that may be troubling them. Pam has a calming energy and is passionate about improving the wellbeing of our retirement and aged care residents.

The third wellbeing area to open at St Patrick's Green was our Zen Garden. Residents can enter into the private Zen Garden from the Village Green, and take a moment to themselves or with friends in the fresh air. A little bit of nature is good for the soul, so we're glad to see our residents meditating in the Zen



Garden to the sounds of rustling palms and a water feature. We believe these new community areas will play an important and valuable role for both our retirement living and aged care residents at St Patrick's Green.

The wellbeing of our residents is a priority for us in all of our Greengate Villages. So, whether you're in Maroubra, Kogarah or Woolloongabba, come and chat with us today about how we can support your wellness.

Brisbane, Save the Date for a Birthday Party!

In April we will be celebrating our 2nd birthday at St Luke's Green (where on earth did those two years go?). Please help us to celebrate by joining us at our Open Day on Saturday, the 13th of April - everyone is welcome, so please save the date in your diary.

This will be a great opportunity for local Brisbane seniors to come and check out our village, tour our community areas, sample some delicious food, and take a peek at some of our available retirement apartments.

We'll top off our birthday celebrations with the third rendition of our 'music, coffee and conversation'

concert series. We are excited to announce that the men's 40+ a capella ensemble group, The Blenders, from the Gold Coast, will be mesmerising us with their a capella male vocal harmony.

The day is sure to be an absolute blast; to find out more call us on **07 3129 9075** or email stlukesgreen@greengate.com.au to register your interest.



Apartments For Sale

St Brigid's Green



3 Bedroom 2 Bathroom with Space to Breathe

Enjoy incredible views of the Sydney skyline while living in comfort and style. This spacious, open plan apartment is flooded with natural light and features a generous balcony, two large bedrooms, a third bedroom/study and a second bathroom for guests.



Bright, North-Facing 2 Bedroom 2 Bathroom

This bright north-facing 2 bedroom 2 bathroom apartment sits on the North-East corner and features a large balcony overlooking our pretty Village Green. Boasting high-quality finishes and smart design, this bright and airy home is filled with natural light along the entire length of the apartment.

Our apartments are open for inspection every Monday from 10am-12pm. Call Megan Parnaby today on 0458 032 728.

St Patrick's Green



1 Bedroom with Views to the Bay

Fresh on the market and priced to sell. This apartment on Level 1 is easy to maintain and is perfect for a single person who is looking for high-quality retirement living. This well-appointed apartment comes fitted with grab rails in the large bathroom, and features a versatile sun room/balcony. Hurry, it won't last long!



Luxurious 2 Bedroom 2 Bathroom + Study

This apartment is the epitome of classy retirement living, sitting on the North East corner of Level 9 and features bamboo floorboards throughout the spacious living areas. Relax on the balcony with stunning views from the city skyline and across Botany Bay.

To arrange a viewing, please call the Sales Team today on 02 9097 9175 or drop by our Open House, every Monday from 10am-12pm.

St Luke's Green



Your own 2 Bedroom, Garden Oasis!

This is our last garden apartment with an enviable North Eastern aspect to capture the morning sun and wonderful easterly breezes. This spacious 2 bedroom, 2 bathroom apartment features high-quality finishes and smart design and combines the peace and security of village life, along with the privacy of your own garden terrace.



Bright 2 Bedroom with Bell Tower Views

This wonderfully bright and spacious 2 bedroom, 1 bathroom apartment looks out onto the bell tower of our beautiful, Spanish mission-style church. The eat-in kitchen features stunning bamboo floors and the large master bedroom is complete with ample storage.

To arrange a viewing, please call the Sales Team today on 07 3129 9075 or drop by our Open House, every Thursday from 10am-12pm.

Furniture not included. Photos are indicative.

St Brigid's Green
MAROUBRA

Phone 02 8097 1775
220-230 Maroubra Road, Maroubra

St Patrick's Green
KOGARAH

Phone 02 9097 9175
40 Chapel Street, Kogarah

St Luke's Green
WOOLLOONGABBA

Phone 07 3129 9075
43 Taylor Street, Woolloongabba



Get to Know Jesse Morgan, Village Manager at St Brigid's Green

Indulge with Chef Paul

Now that the weather is finally starting to cool down, we can't help but indulge our sweet tooth every now and then. We asked Paul, our Head Chef at St Luke's Green and pastry whiz, for his favourite recipe to bake when he feels like treating himself. Personally, we think this delicious brownie recipe is just as good for your wellbeing as a spot of meditation.

INGREDIENTS

250gm dark chocolate
250gm unsalted butter
4 eggs
2 tsp vanilla essence
50gm plain flour
50gm cocoa
440gm caster sugar
95gm white choc chips
95gm milk choc chips

Chef Paul says:

“ You might want to adjust the baking time for these brownies and take them out a little earlier, depending on your oven and personal preference for fudginess - the softer you like your brownie, the less baking time. ”

METHOD

Melt the dark chocolate with the butter. Beat the egg with the vanilla. Sift the flour and cocoa together.

Add the sugar and choc chips to the flour and cocoa mix, pour in the melted chocolate and the egg mix. Stir to combine. Bake at 160-180 for 45 minutes.

Enjoy!



Greengate would like to wish a very warm welcome to our new Village Manager at St Brigid's Green, Jesse Morgan. We sat down with him in our beautiful Maroubra village and asked him to tell us a bit about himself, here is what he had to say:

“I am a keen history student, an animal lover, a Wallabies and Socceroos tragic, and my passions include travel, coffee, food and wine. I have bachelor's degrees in both Social Science (Psychology) and Business and have always felt that community services gave me far more personal satisfaction in my work. I believe my new position at St Brigid's Green is exactly what I've been looking for and I can't wait to see where we will take this village in the future. I have been told that I “love a chat” so please don't hesitate to call by and speak with me – I'll be happy to hear from you!”.

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